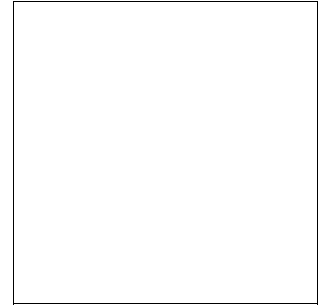


Edinburgh Kayak Club

Pool Session Guidelines March 2002



Organisation

For each session there will be a booking sheet dividing the evening into 'slots', be held by the person(s) in charge of the session. It is used to allocate time on the water. Slots are booked on the night simply by asking the person with the sheet.

- Payment should be made at the time of booking a slot.
- Your name must be on the sheet for the current slot before you get on the water, even where you have your own boat and kit.
- Only 8 boats will be allowed on the water at one time. Please check before you get on, if in doubt check with the booking sheet.
- The end of each slot will be indicated, anyone in a boat should get out promptly and empty the boat of water, as others may be waiting to get on.

Cleanliness

The pool is a clean environment: boats, kit and outdoor shoes are dirty.

- Boats, paddles and other kit must be thoroughly cleaned before entering the poolside. A hose will be available to help with this. Pay particular attention to the areas behind the airbags, which should be removed for cleaning purposes.
- Shoe covers must be worn at all times. Do not enter at all through the side door. If delivering boats or kit, get someone on the inside to assist.

Safety

- No swimmers will be allowed beyond the shallow roped off area.
- A helmet must be worn when in a boat. The helmet should be put on before launching and kept on until safely out of the boat.
- Be aware of others around you, particularly if practicing play boating moves.
- Children under the age of six months are not allowed in the pool at any time. Babies and infants over the age of six months may use the pool and boats, providing the guidelines (see separate risk assessment) are followed.

Child Protection

Anyone who intends to coach or assist with coaching at the pool sessions must have completed the relevant paperwork. Contact any committee member for more information.

Miscellaneous

- Appropriate swimming attire must be worn.
- Foul or abusive language or behaviour is not acceptable.

These are guidelines. If you have any comments about these or about the way the pool sessions are run please speak to any committee member.